HONG KONG TAEKWONDO DEVELOPMENT SCHEME INTERNATIONAL DIVERSIFIED LIFE-EDUCATION ASSOCIATION

才德藝體全能造星挑戰賽

培養文化 德育價值

ALL-ROUND & COMPREHENSIVE COMPETITION 2021



才 WISDOM

德 MORAL

IQ test/difficulties

Poetry reciting

藝 ART

Fitness and kicking

港青海

體 SPORTS

Poomsae techniques

才德藝體全能造星挑戰賽

ALL-ROUND & COMPREHENSIVE COMPETITION 2021

B. Chinese or English poem reciting

a. Fitness test





C. Sparring





D. 3-minutes
1Q problems solving



F. 1 Poomsae practice

E. Kicking

Danate & Support

SEN, AUTISUM & ADHD STUDENTS



**All profit will be donated to



AIM FOR EQUITABLE ACCESS

-ABILITY-EQUITABLE ACCESS TO QUALITY

EDUCATION FROM EARLY CHILDHOOD

Different education makes

different students.

DETAILS OF EACH EVENT

a. ATTESS TEST

Do push-up, sit-up and cross jump within a certain period of time





B. POETRY RESTTING

Choose one poem (Chinese or English) and recite within 3 minutes

C. SPARRING

I sparring per participant. Score is given according to the performance and points gained





D. 3-MINUTE IQ PROBREMS SORVING

Solve as many questions as you can!

E. KCKING,

Randomly assign few sets of kicking to participants.





F. POOMSOE

Choose one pattern by yourself. score is given according to the performance and the difficulty of the pattern.

*Each participant can choose three events.

Awards will be distributed based on the total scores

AGE GROUP



Junior 1: G1 - G3

Junior 2: G4 - G6

Senior 1: S1 - S3

Senior 2: S4 - S6

JOHN DUL

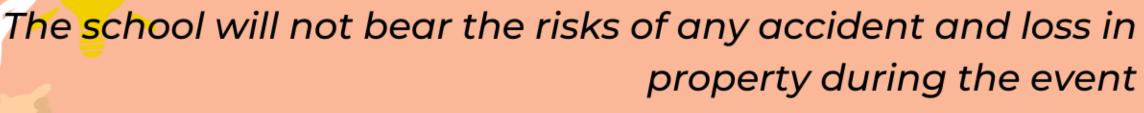
SIGN UP HERE (E-APPLICATION FORM): https://forms.gle/CRKcQDTHzjNb7aRY8



DATE: 27/6, 4/7, 11/7, 18/7, 25/7

date will be arranged according to age groups and events chosen





主辦單位不會負責活動期間之任何事故及損失

The school has the final decision-making power for all matters。Other people are not allowed to object. 主軸胃负痪有能有事項之是终选等模。任何人不得思議

主辦單位擁有所有事項之最終決策權,任何人不得異議

YOU ARE THE NEXT SUPER STAR!





Hong Kong Taekwondo Development Scheme & International Diversified Life-Education Association